



Amazing Grace NEWSLETTER

GURU NANAK GIRLS COLLEGE, M.T., LDH.

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From the Principal's Desk

"Arise! Awake! Stop Not
Till the Goal is Reached"

~Swami Vivekananda~

Inculcating the above said thought of Swami Vivekananda, we the members of Guru Nanak Girls College, always strive to take up small and great tasks painstakingly until we reach the desired goals. Students at GNGC are given a thrush to their desires and dreams as it is the starting point of all achievements. Allied to this is the devotion, dedication and discipline of our team that work wonders in the success mantra of our college. The last Quartet of the current session culminated with the amalgamation of many chromatic activities. With great enthusiasm and passion the Annual Athletic Meet of the college was flagged off on 20th January 2016. The Two Day event witnessed an array of activities. The agile sports stars of the college exhibited their strength and energy with full zeal on Annual Athletic Meet. This session, the cadre of sports girls, proved their mettle by winning 180 medals in total which includes 70 Gold, 65 Silver and 45 Bronze medals. 15 Shining Sports Champions of the college were awarded with a cash prize amounting to Rs. 6 lacs by Punjab Govt. on the occasion of birth anniversary of Hockey Legend Sh. Dhyan Chand. At PU Annual Prize Distribution Function, 5 Ace Sports Stars of the college were honoured with cash prize worth Rs. 1 lac and 73 thousand approximately. The Annual Fashion Carnival was organized on 13th February 2016 wherein students in an ambience of Glitz and Glam, showcased their self created spectacular dresses. Much awaited get together i.e. Annual Old Students Meet of the Alumni Association of the college was held on 30th March 2016. As many as 900 Alumnus of the college were present in an enthralling and captivating cultural programme organized in their honour. This was followed by Convocation - 2016 held on 31st March 2016. A total number of 994 students which includes 570 Graduates and 424 Post Graduates received their degrees under various faculties. College Colour was awarded to 76 students and Roll of Honour to 16 students for performing exceptionally well in academics, sports, and other cultural activities. This year again, the students of our college out did their own performance by clinching a colossal number of 200 top 10 University positions. At PU Zonal and Inter Zonal Youth Festival, the college students won everyone's appreciation by winning 59 first 3 positions. In various Inter-college competitions, the students proved their worth by bringing home 120+ prizes in different para-academic activities. The session ended with the organization of fun filled farewell functions. The passing out batches under different disciplines were bidden goodbye. In order to make this day a special and memorable one for the outgoing students, juniors with full love and affection, put up a great show packed with dance, skits and songs

Nothing splendid has ever been achieved except by those who dared to believe that something inside them was superior to circumstances. Our college did prove itself as splendid by all these achievements. The reason behind the progressive acceleration of our college is unflinching will power to set new records and at the same time breaking the older ones. I strongly believe what one wishes to be, that one is. The force of one's will coupled with the will of the Supreme leads one to his ultimate goal. I bow my head in deep reverence to the Almighty Divine Power, who has always favoured us. I also thank the competitive teaching and non-teaching faculty of the college for making diligent endeavours in the progression of the college. Here, I would also like to express my heartfelt gratitude to S. Gurbir Singh, President GNET and the esteemed members of the trust for their consistent guidance, motivation and cooperation. Lastly, the students deserve a special kudos for their amazing efforts and glorious laurels they achieved during the session. May Almighty God always be on their side in excelling in life!

Principal (Dr.) Charanjit K. Mahal
Recipient of National Award for Excellence in Education
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VARIEGATED VENTURES OF THE COLLEGE

- The Parkash Utsav of Sri Guru Nanak Dev Ji was celebrated with religious piety and devoutness from 7th - 9th January, 2016.
- Five students were awarded scholarship worth Rs.15000/- under the Senior Citizen Scholarship Scheme on 12th January, 2016.
- The long awaited Punjabi Festival Lohri was held amidst gaiety and wholehearted enthusiasm on 13th January, 2016.
- Fifteen students were awarded scholarship worth Rs. 43200/- by the Guru Harkrishan Educational Society on 15th January, 2016.
- Cdt Jasmine Kaur of B.Com.III got selected in BLC - 2016 (Basic Leadership Camp) held on 21st January, 2016.
- To promote reading habits among students, an Exhibition-cum-Sale of books was organized on 22nd and 23rd January, 2016 in collaboration with Gurmat Pustak Bhandar and USG Publishers.
- The Voters' Day was celebrated on 25th January, 2016 to encourage the young voters to take part in the political process.
- Air-Wing NCC cadets Shubhkarman Dhaliwal (B.Sc.II) & Diksha and Sanjana of B.Sc.I participated in Republic Day parade held at Guru Nanak Stadium, Ludhiana on 26th January, 2016.
- Two UO's Manpreet Kaur (B.A.II) and Jasmeen Kaur (B.Com.III) attended Rifle Drill on 28th January, 2016 which was organized by 3 Pb. Girls Bn NCC Ludhiana at the unit premises.
- Thirty five NCC Cadets attended ATC Camp at NCC Academy, Malout from 2nd - 11th February, 2016 wherein Gurjot Kaur (B.Sc.II Bioinformatics) clinched Gold Medal in Poster Making Competition and Divyanshi (B.Sc.II) bagged Silver Medal in Solo Singing Competition.
- An Inter-College Declamation contest was organized by Guru Nanak Institute of Management & Technology, Ludhiana on 5th February, 2016, wherein our speaker Kanika Chaudhary (BA-III) clinched Third Prize.
- Science Carnival was organized by HMV College, Jalandhar on 5th February, 2016, wherein our students Sheetal Gupta and Rupali Kaur of B.Sc.III (Bioinformatics) won Appreciation Award in Model Making Competition.
- In Gurbir Singh Sarna Memorial Professional Championship organized by Guru Nanak Institute of Management and Technology, Ludhiana on 10th & 11th February 2016, the College Students made their mark by bagging the overall 1st position with a cash prize of Rs. 2100/- Ricky Sharma and Manpreet Kaur of BBA.III stood First in Case Study Discussion in Successive Hurdle Race. Shivani Gaur, Shivani Bhasin, Smriti Ganda of BBA.II and Rashmi of B.Com.II scored the first position in Business Plan and got the titles of Women Entrepreneur of the Year. Deepali Lakhanpal of PGDPM & LW received the title of Officer of the Year during Interview session.
- Techfest 2K16 was organized by Government College, Sahibzada Ajit Singh Nagar (Mohali) on 10th and 11th February, 2016 wherein zestful team comprising of Samriti Taneja, Arshdeep Kaur, Anant Kaur, Alisha Sharma of BA-II, Harpreet Kaur and Asmita Vasistha of B.Com-III, Ranjeet Kaur of BA-III and Ekjeet Kaur of B.Sc-III made the college proud by clinching the prestigious first position in Dance Mania competition by performing Folk Dance Sammi. The dynamic coupling of Iti Pathak and Jaspreet Kaur (BA-III) and Jaspreet Kaur (BA-III) and Manpreet Kaur (BA-II) got the edge by bagging Third Prize in Bio-Rangoli and Face Painting competitions respectively.
- SUO Gurinder Kaur Chahal (BA.III) attended SSB training Camp held at Army Cantonment area, Malout from 13th - 20th February, 2016.
- Thirty Three cadets appeared for BEE Certificate Examination held at SCD Govt. College for Boys, Ludhiana on 14th February, 2016.
- Eighteen cadets appeared for CEE Certificate Examination on 21st February, 2016 at CG Complex, Ludhiana.
- To seek Divine blessings for propitious outcome in the Annual Examinations Path of Sri Akand Path Sahib was held from 23rd - 25th February, 2016
- The Spectacular IT Fiesta - 2016 was organized by Guru Gobind Singh College for Women, Chandigarh on 19th February, 2016 wherein Gurbir Kaur (BA-III) and team of Iti Pathak & Jaspreet Rattu of BA-III made their mark by capturing the First position in Cartooning and Tech Rangoli respectively. The team of Navjot Kaur of M.Sc-II(IT) and Sarabjot Kaur of PGDCA captured the Second Position in Software Debugging. Shriya Sharma and Gurpreet Kaur of BA-II won Third Prize in Collage Making and the group comprising of Shikha Ahuja and Harpreet Kaur of M.Sc-I(IT) and Sanniya and Arshpreet of PGDCA won Third Prize in IT Skit.
- Guru Nanak Khalsa College for Women, Ludhiana organized 3rd Prof. Gurbir Singh Sarna Memorial Inter-College Competitions on 25th February, 2016 wherein our talented artist Swati Jain of PGDPM clinched the coveted first position in Mehandi Application. The team of Jaspreet Kaur (BA-III) and Gurhans Kaur (BA-II) won the Second Prize in Poster Making and Ishpreet Kaur Riyat (B.Sc-II) (FD) and Kiran Smagh (BA-I) exhibited their creative skills by winning Second Prize in Dupatta Designing and Fresh-Cum-Dry Flower Arrangement respectively. The team of Simarpreet Kaur and Mandeep Kaur of BCA-II captured Third Position in Personality Reflection and Lovleen Kaur Grewal of B.Sc-II (FD) won Third Position in the category of Best Out of Waste.
- Dr. M.S. Randhawa Flower Show was organized by Department of Floriculture and Landscaping, PAU Ludhiana on 25th and 26th February, 2016 wherein our college bagged two First and one Second Prize in the category of Perennial Flowering Plants in Pots and also two First and one Second Prize in the category of Flowers Grown in Pots.
- A one day Educational visit to GADVASU, Ludhiana was organized by PG Department of Biotechnology on 26th February, 2016 to acquaint the students with

- the techniques on Mice Handling and Immunization Guru Nanak Institute of Management & Technology, Ludhiana organized Inter College Tech-Fiesta TECHNOVISION - 2016 on 26th February 2016 wherein our students Priyanka Paliwal and Shalini Singh of B.Sc-III exhibited their creative talent in the field of computers by bagging Third Prize in Data Hunt.
- The prestigious A.C. Bali Memorial Declamation contest was organized at Gandhi Bhawan, Panjab University, Chandigarh on 26th February, 2016 wherein our ingenious speaker Suvridha Jethi of M.Sc-I (Maths) clinched the Third Prize.
- Our Seasoned Orator Ashwjit Kaura (B.Sc.III) won Consolation prize at the highly acclaimed A.C. Bali Memorial Declamation Contest held at Gandhi Bhawan, Panjab University, Chandigarh on 1st March, 2016.
- The budding speakers of our college Prabhsimran Kaur (B.Sc II) and Suvridha Jethi (M.Sc.I) won consolation prizes in The Tribune Inter-College Debate Competition held at Ramgarhia Girls College on 8th March, 2016 with a cash prize of Rs. 2500/- each.
- The annual exhibition 'Fashion Fest 2016' was organized by Department of Fashion Designing and Department of Fine Arts from 9th - 11th March, 2016 to display the creative handiwork of students.
- In an emotionally surcharged ambience, the junior students of Graduate and Postgraduate classes bid a warm adieu to their seniors at Farewell Functions organized from 10th - 16th March 2016.
- Twenty Five Army NCC Cadets attended Cycle Rally held at 3 Pb Girls Bn, NCC at PAU, Ludhiana on 10th March, 2016
- At the Annual Convocation of Panjab University, Chandigarh on 13th March, 2016, Ashwjit Kaura and Kanika Chaudhary were awarded with Certificate of Appreciation & Cash prize of Rs. 3000/- and Rs. 2000/- respectively for capturing Second and Third positions in K.K. Grover Declamation Contest.
- NSS Unit of the college organized an Extension Lecture on Stress Management on 17th March, 2016. Ms. Chitwan Singh, a renowned Psychologist sensitized the students about meditation, time management etc.
- Youth Services Wing of the college organized lecture on "Drug Addiction among Youth" on 29th March, 2016 to sensitize the students and bring awareness among the students regarding drug addiction.
- College Rowers Sukhpal Kaur, (B.A.III) and Navdeep Kaur, (B.A.-I) represented Panjab University, Chandigarh in All India Inter University Rowing Championship held at Pong Dam in Himachal Pradesh from 25th - 28th January, 2016.
- College Athletes won accolades in Rural Games held at Duley on 30th and 31st January, 2016. Amandeep Kaur (MA-I) won Gold Medal in 800 mts. and Silver Medal in 200 mts. Vipanjeet Kaur (BA-III) bagged Gold Medal in 100 mts. Shivdeep Kaur (MA-I) clinched Gold Medal in 200 mts. race Amandeep Kaur (10+1) won Gold Medal in 400 mts. race in u/19 age group. Harpreet Kaur (10+2) won Silver Medal in 400 mts. in u/19 age group. Monica (BA-I) Bronze Medal in 800 mts. race Soma Rani (BA-I) seized Bronze Medal in 400 mts. race in Women Section.
- Sukhpal Kaur (BA-III), Shubhkarman Dhaliwal (B.Sc.-II) and Navdeep Kaur (BA-I) clinched Panjab University Canoeing Championship held at Sukhna Lake, Chandigarh from 8th - 10th February, 2016 with 2 Gold and 3 Silver Medals.
- Navdeep Kaur clinched 1 Silver and 1 Bronze Medal in All India Open Dragon Boat Championship held at Udaipur from 11th - 14th February, 2016.
- In Shaheed-E-Azam S. Bhagat Singh Games held at Anandpur Sahib from 14th - 19th February, 2016, the College made a mark by winning the overall Second position wherein Judoka Anjali (M.Sc.-I) and Sukhpal Kaur (PGDCA) won Gold Medal each while Amandeep Kaur (10+2) and Bavleen Kaur (10+1) won Bronze Medal each in their respective wt. categories.
- College Swimmer Shubhkarman Dhaliwal (B.Sc.-II) won 4 Gold, 1 Silver and 1 Bronze Medal in various Swimming Competitions in Shaheed-E-Azam S. Bhagat Singh Games held at Mohali from 14th- 19th February, 2016.
- In Shaheed-E-Azam S. Bhagat Singh Games held at Sangrur from 14th - 19th February, 2016, the College Athletes achieved glory by winning overall second position wherein Rajni (MA.-II) won a Silver Medal in 400 mts. Relay and 2 Bronze Medals in 100 mts. Hurdles and 400 mts. Hurdles. Shivdeep Kaur (MA-I) and Vipanjeet Kaur (BA-III) won Silver Medal each in 400 mts. Relay.
- Sukhpal Kaur (BA-III) represented Punjab in Open National Canoeing Championship held at Hyderabad from 11th- 15th March, 2016.
- In the Senior National Kurash Championship held at Mumbai from 24th - 26th March, 2016, our student Urvashi clinched a Gold Medal.
- In Senior State Judo Championship held at Bathinda on 26th and 27th March, 2016, Bavleen Kaur and Priya clinched a Bronze Medal each in their respective wt. categories
- In Panjab University Annual Prize Distribution Function held on 30th March 2016, Principal Dr. Charanjit K. Mahal was honoured as the Sports Promoter. In addition Vinita, Sukhpal, Shubhkarman Dhaliwal, Tavitha and Amanjot were awarded with a cash prize amounting to Rs. 170500/-.

FEATHER IN CAP : SUPERLATIVE SPORTS ACHIEVEMENTS

- Sukhpal Kaur of PGDCA represented Panjab University in the All India Inter- University Wrestling Championship held at Mysore (Karnataka) from 18th - 22nd January, 2016 and made the college proud by bagging a Silver Medal in the Championship.
- At Open Senior National Baseball Championship held at Karnataka from 24th -26th January, 2016, Amanjot Kaur clinched a Gold Medal.

CONVOCATION-2016



Convocation-2016 was held on 31st March, 2016. Prof. (Dr.) Deepak Manmohan Singh, Senior Fellow, Punjabi University, Patiala and Former Dean, College Development Council, Panjab University, Chandigarh was the Hon'ble Chief Guest on the occasion who conferred degrees on 424 Postgraduate and 570 Undergraduate students in various disciplines. In addition, 16 students were felicitated with Roll of Honour and 76 students were awarded with College Colour in academic and para-academic activities.

ANNUAL PRIZE DISTRIBUTION

Annual Prize Distribution Function was held on 30th January, 2016 to acclaim the achievements of 847 meritorious students who attained excellence in academic and co-curricular spheres through their dedicated efforts and perseverance. S. Gurbir Singh, President, Guru Nanak Education Trust presided over the function and felicitated the achievers and motivated them to set new benchmarks not only for themselves, but also spur on their peers to aim for greater heights.

ATHLETIC MANOEUVRES

Annual Athletic Meet was set off on 20th January, 2016 and concluded on 21st January, 2016. S. Gurbir Singh, President, Guru Nanak Education Trust and the Principal (Dr.) Charanjit K. Mahal presided over the ceremony. The Principal exhorted the students to inculcate a spirit of sportsmanship, maintain discipline in life and continue bringing laurels at the National and International levels. The meet was an amalgamation of challenging feats to test the physical endurance of the sports girls and the light hearted games such as Kangaroo Race, Couple Hobble race for amusement. The whole event turned out to be a huge success.

REVERED TRIBUTE :

COMMEMORATION FUNCTION

To pay homage to the venerable patron and precursor of the college, Commemoration Function of the 117th Birth Anniversary of Late Justice Gurnam Singh, the former Chief Minister of Punjab was held on 25th February 2016, wherein 23 assiduous students were honoured for excellence in academics and para-academics. Members of Guru Nanak Education Trust graced the occasion with their benign presence.

ALUMNI MEET-2016

The Annual flagship event of Old Student's Association Alumni Meet - 2016 was held on 30th March, 2016 to honour the exemplary Alumni who are making valuable contribution in the society by dint of their hard work. The function was presided over by S. Gurbir Singh, President Guru Nanak Education Trust and 50 shining stars were felicitated for their outstanding achievements in various fields.

FASHION FLORA - 2016

The annual carnival Fashion Flora - 2016 was held on 13th February 2016 to celebrate the creative talent and provide a competing platform to the budding designers of the college. The promising artists showcased their resplendent collection in 45 rounds that left the audience spell bound. S. Ravneet Singh Bittu, the eminent Indian Politician and Member of Parliament from Ludhiana Parliamentary constituency was the Chief Guest on the occasion. The panel of judges included Dr. (Mrs.) Vandana Gandotra, Associate Professor, Department of Apparel & Textile Sciences, PAU, Ludhiana, Dr. (Mrs.) Surabhi Mahajan, Asst. Professor, Department of Apparel and Textile Sciences, PAU, Ludhiana, Ms. Avninder Kaur, Asst. Professor, Master Tara Singh Memorial College, Ludhiana, Mrs. Priya Kapoor, a renowned Fashion Designer, Ms. Amandeep Lal, Additional Director, INIFD, Ludhiana and Ms. Meetu Khosla, Fashion Designer and proprietor of Fashion Hub - Firangi, Ludhiana.

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